



Lenio Kaklea An Encyclopedia of Practices

Everyone has practices – be they intimate or collective, spiritual or physical, original or dull; invented practices, learned practices, pleasant or fastidious practices. Gradually, habits establish themselves as rituals – doing the washing up, going shopping, boxing, running, gardening, fixing one's bike, prowling, going cockle picking, posting videos, wandering about on construction sites.

My practice entails collecting practices. With An Encyclopedia of Practices of the neighborhood of Katernberg, I hope to create an extensive corpus of practices of people who live, work or pass by the area. The result will be published in a book by PACT Zollverein and serve as material for a choreographic work.

Lenio Kaklea





Practice

Practice is understood as experienced acts, which are frequently performed intentionally.

For example: Basketball, screen printing, graffiti, to have a pint, plumber etc.

1. What is the name of your practice?

2. In a scale from 1 to 10, how important is your practice to you?

3. Where do you practice?

4. When exactly do you practice? (Day, exact hour or moment in the day)

5. In which frequency do you practice? (How many times per day or week or year etc)

6. Were you ever paid to practice?

7. What type of tools and accessories do you use?

8. How did you discover, learn or invent your practice?

9. Could you trace the origins of your practice?

10. When did you start practicing and why? Is the starting of your practice linked to a specific intimate or historical event?

11. Did you ever stop practicing and why? Is abandoning your practice linked to a specific intimate or historical event?

12. What are the necessary conditions for your practice? (Space, temperature, partners, environment, etc.)

13. Do you practice in public or in private?

14. Do you practice alone or in a group?

15. What movements do you do when you practice? Please detail your answer

16. What does your practice bring you?

17. Does your practice transform you or your relation to others? How?

18. Do you feel free when you practice? Why?

19. Could you write a short personal story linked to your practice?

20. Would you transmit your practice to me?

Contact

Out of the contact data only your name and surname will be used for the publication.

Please think of providing us with an alias if you wish.

Name:

Surname:

Age:

Email:

Postal Code:

I would like to be informed about the results of the project.

yes O no O

Your answers can be sent to

PACT Zollverein Bullmannaue 20A 45327 Essen Germany

Or by e-mail to:

enzyklopaedie.praktiken@gmail.com