

## OPEN CLASSES FOR PROFESSIONAL DANCERS MAY 2010

Coming from a dance and theatre background, **Jule Gartzke** first came into contact with the Alexander Technique while she was still studying contemporary dance at the Folkwang Hochschule in Essen. Having trained with Chris Stevens and Nadia Kevan, she has been a teacher of the Alexander Technique since 1998. Jule works as a dancer, choreographer and actress for theatre and film. She teaches the Alexander Technique in her own private practice in Essen and holds seminars and workshops worldwide. From 2005-2006 Jule was a member of the board of directors of the German Society for the Alexander Technique (GLAT) and from 2006-2008 a director of the 8th International Congress of the F.M. Alexander Technique.

**Mu-Yi Kuo** comes from Taiwan and studied dance at the Chinese Cultural University Dance Department in Taipei and at the Folkwang Academy in Essen. She worked between 1995-1997 for various choreographers in Taiwan, from 1998-2000 in Germany with Rodolpho Leoni and Rainer Behr, and from 2003 – 2007 with the Folkwang Tanzstudio under the direction of Henrietta Horn. Since 2007, Mu-Yi is as a freelance dancer and teacher and currently performing with the Mark Sieczkarek Company.

**Birgit Relitzki** was born in Aachen in 1965 and studied at the Folkwang Academy in Essen and in New York at the Limón Institute and the Alvin Ailey School of Performing Arts. She has danced with companies in Dortmund, Münster and at the Aalto Theater Essen and was engaged as a soloist with Ballett Schindowski in Gelsenkirchen, the Grand Théâtre de Genève, Switzerland and in Hagen under the artistic directorship of Richard Wherlock. From 1999 to 2004 she directed the Tanztheater Nordhausen Company and currently works as a freelance choreographer and teacher. Laura Virgillito studied dance from 1992–1996 at the Martha Graham Dance School in New York. She lives and works as a freelance dancer and teacher in Germany. She was a member of the Mind the Gap Company in Cologne before joining Rodolpho Leoni dance in 2004 for the creation of ›Baud‹. Also in 2004, Laura qualified as a teacher of the Gyrotonic Expansion System. Her modern dance class combines elements from different dance techniques and the Gyrotonic System.

**Laura Virgillito** studied dance from 1992-1996 at the Martha Graham Dance School in New York. She lives and works as a freelance dancer and teacher in Germany. She was a member of the Mind the Gap Company in Cologne before joining Rodolpho Leoni dance in 2004 for the creation of ›Baud‹. Also in 2004, Laura qualified as a teacher of the Gyrotonic Expansion System. Her modern dance class combines elements from different dance techniques and the Gyrotonic System.

10:00 – 11:30 h

JUNE

31	Mon	<b>Mu-Yi Kuo</b>	<b>m</b>
1	Tue	<b>Mu-Yi Kuo</b>	
2	Wed	<b>Mu-Yi Kuo</b>	
3	Thu	–	
4	Fri		
5	Sat		
6	Sun		
7	Mon	–	
8	Tue	<b>Jule Gartzke</b>	<b>a</b>
9	Wed	<b>Jule Gartzke</b>	
10	Thu	<b>Jule Gartzke</b>	
11	Fri	<b>Jule Gartzke</b>	
12	Sat		
13	Sun		
14	Mon	<b>Laura Virgillito</b>	<b>m</b>
15	Tue	<b>Laura Virgillito</b>	
16	Wed	<b>Laura Virgillito</b>	
17	Thu	<b>Laura Virgillito</b>	
18	Fri		
19	Sat		
20	Sun		
21	Mon	<b>Mu-Yi Kuo</b>	<b>m</b>
22	Tue	<b>Mu-Yi Kuo</b>	
23	Wed	<b>Mu-Yi Kuo</b>	
24	Thu	<b>Mu-Yi Kuo</b>	
25	Fri		
26	Sat		
27	Sun		
28	Mon	<b>Birgit Relitzki</b>	<b>k</b>
29	Tue	<b>Birgit Relitzki</b>	
30	Wed	<b>Birgit Relitzki</b>	
1	Thu	<b>Birgit Relitzki</b>	

**m** = modern class

**a** = alexander technique

**g** = gyrotonesis

**c** = classical class for contemporary dancers

**y** = yoga

### Prices

4 EUR (Single class)

25 EUR (10 class ticket)

30 EUR (Monthly ticket)