

## OPEN CLASSES FOR PROFESSIONAL DANCERS FEBRUARY 2009

Coming from a dance and theatre background, **Jule Gartzke** first came into contact with the Alexander Technique while she was still studying contemporary dance at the Folkwang Hochschule in Essen. Having trained with Chris Stevens and Nadia Kevan, she has been a teacher of the Alexander Technique since 1998. Jule works as a dancer, choreographer and actress for theatre and film. She teaches the Alexander Technique in her own private practice in Essen and holds seminars and workshops worldwide. From 2005-2006 Jule was a member of the board of directors of the German Society for the Alexander Technique (GLAT) and from 2006-2008 a director of the 8th International Congress of the F.M. Alexander Technique.

**Mu-Yi Kuo** comes from Taiwan and studied dance at the Chinese Cultural University Dance Department in Taipei and at the Folkwang Academy in Essen. She worked between 1995-1997 for various choreographers in Taiwan, from 1998-2000 in Germany with Rodolpho Leoni and Rainer Behr, and from 2003 – 2007 with the Folkwang Tanzstudio under the direction of Henrietta Horn. Since 2007, Mu-Yi is as a freelance dancer and teacher and currently performing with the Mark Sieczkarek Company.

**Erika Winkler** trained at the Folkwang Academy in Essen. She has worked as a freelance dancer and choreographer in Cologne, Frankfurt and Berlin and was engaged for four years by the Theatre Aachen. Following this she founded the independent TAC Company in Aachen and worked with established choreographers from the Netherlands such as Truus Bronkhorst, Itzik Gallili and Paul Selwyn Norton and most recently with the Company RAZ in Tilburg (NL). Her class is based on Cunningham and Laban technique and William Forsythe's ›Improvisation Technologies‹ which also draws on Laban's principles of space.

**Laura Virgilitto** studied dance from 1992-1996 at the Martha Graham Dance School in New York. She lives and works as a freelance dancer and teacher in Germany. She was a member of the Mind the Gap Company in Cologne before joining Rodolpho Leoni dance in 2004 for the creation of ›Baud‹. Also in 2004, Laura qualified as a teacher of the Gyrotonic Expansion System. Her modern dance class combines elements from different dance techniques and the Gyrotonic System.

10:00 – 11:30 h

FEBRUARYy

1	Mon	<b>Erika Winkler</b>	<b>m</b>
2	Tue	<b>Erika Winkler</b>	
3	Wed	<b>Erika Winkler</b>	
4	Thu	<b>Erika Winkler</b>	
5	Fri		
6	Sat		
7	Sun		
8	Mon	<b>Laura Virgilitto</b>	<b>g</b>
9	Tue	<b>Laura Virgilitto</b>	
10	Wed	<b>Laura Virgilitto</b>	
11	Thu	<b>Laura Virgilitto</b>	
12	Fri		
13	Sat		
14	Sun		
15	Mon	<b>Mu-Yi Kuo</b>	<b>m</b>
16	Tue	<b>Mu-Yi Kuo</b>	
17	Wed	<b>Mu-Yi Kuo</b>	
18	Thu	<b>Mu-Yi Kuo</b>	
19	Fri		
20	Sat		
21	Sun		
22	Mon	<b>Jule Gartzke</b>	<b>a</b>
23	Tue	<b>Jule Gartzke</b>	
24	Wed	<b>Jule Gartzke</b>	
25	Thu	<b>Jule Gartzke</b>	
26	Fri		
27	Sat		
28	Sun		

**m** = modern class

**a** = alexander technique

**g** = gyrogenesis

**c** = classical class for contemporary dancers

**y** = yoga

### Prices

4 EUR (Single class)

25 EUR (10 class ticket)

30 EUR (Monthly ticket)